

2027-2030 Area Plan Summary: Program Description

Administrative Framework

Southeast Washington Aging and Long-Term Care (ALTC) serves as a federally designated Area Agency on Aging (AAA) overseeing an eight-county Planning and Service Area (PSA): Kittitas, Yakima, Benton, Franklin, Walla Walla, Columbia, Garfield, and Asotin counties. Governed by a Council of Governments (COG) featuring an elected commissioner from each county, ALTC coordinates a multi-year planning process mandated every four years by the Older Americans Act (OAA).

Operational Core & Services

ALTC is tasked with local advocacy, needs assessment, fund administration, and service monitoring. It manages a network spanning 11,451 square miles and 37 municipalities using regional direct service offices called Aging and Disability Resource Centers.

SERVICES & PARTNERSHIPS

Service	Asotin	Benton	Columbia	Franklin	Garfield	Kittitas	Walla Walla	Yakima
Congregate Meals: (hybrid in Benton & Franklin only)	X	X	X	X	X	X	X	X
Home Delivered Meals	X	X	X	X	X	X	X	X
Culturally Tailored Meal Sites ¹				X				
Senior Farmers Market Nutrition Program	X	X	X	X	X	X	X	X
Transportation	X					X		X
Emergency Funds/Donations (Advisory Council)	X		X			X	X	X
Case Management	X	X	X	X	X	X	X	X
Aging & Disability Resource Center	X	X	X	X	X	X	X	X
Adult Day Health		X		X				
Adult Day Care		X		X			X	X
Legal Services	X	X	X	X	X	X	X	X
Foot Care	X	X	X	X		X		X
Ancillary Services	X	X	X	X	X	X	X	X
Falls Prevention Evidence Based Program EnhanceFitness & *SAIL classes					X		X	X
Family Caregiver Services (Respite)	X	X	X	X	X	X	X	X
Geriatric Workforce Enhancement Center (GWEC)		X		X				X
Kinship Navigator via phone per request	X	X	X	X	X	X	X	X
Kinship Caregiver Services	X	X	X	X	X	X	X	X

¹ Per the menu, all nutrition programs offer culturally tailored meals.

Dementia Friends	X	X	X	X	X	X	X	X
Medicaid Alternative Care/Tailored Services for Older Adults (MAC/TSOA)	X	X	X	X	X	X	X	X
Home Care	X	X	X	X	X	X	X	X
Nursing Services	X	X	X	X	X	X	X	X
Health Home	X	X	X	X	X	X	X	X
Care Transitions	X	X		X			X	X
Veteran Directed Home Services (VDHS)		X	X	X			X	X
Elder Abuse Funding for Legal Services	X	X	X	X	X	X	X	X
HRSN Food Pantry Services	X	X	X	X	X	X	X	X
HRSN Home Modification, Remediation and Adaptation Services	X	X	X	X	X	X	X	X
Dementia Navigator Services	X	X	X	X	X	X	X	X
WA Cares – Starting July 1, 2026	X	X	X	X	X	X	X	X