

2027-2030 Area Plan Summary: Goals and Objectives

- Goal: ALTC will help alleviate social and economic injustices created by hierarchical systemic social constructs that create barriers and poverty that contribute to an underclass.
 1. Objective: Lift and support sustainability of the HRSN Food Pantry Program, Home Modification, Remediation and Adaptation, and other HRSN LTSS programs.
 2. Objective: Continue with the GWEC program that bridges healthcare with long term services and supports, builds partnerships between social services and health care systems.
 3. Objective: Continue with Care Transitions program that places staff in hospitals and transitions them home with necessary social service delivery systems.
 4. Objective: Continue with Dementia Friends and support our Dementia Navigator and participate in the Dementia Action Collaborative to help to evolve our Age and Dementia friendly Communities.
- Goal: ALTC will promote health and disease prevention throughout their region to ensure better health outcomes and higher quality of life for older adults and adults with disabilities and their family members.
 1. Objective: Enhancing awareness of the disease, engaging the public and educating them.
 2. Objective: Helping build aging and dementia responsive communities.
 3. Objective: Provide comprehensive supports to unpaid family caregivers
 4. Objective: Ensure legal strategies are employed to help the decision-making process as the disease progresses
 5. Objective: Encourage the medical community to emphasize early diagnosis for treatment interventions which should include referrals to Washington State's service delivery system for unpaid family caregivers
 6. Objective: Get upstream of the disease by promoting healthy aging and brain health.
 7. Objective: Ensure client-facing staff continue to have clinical training on dementia, best practices for working with clients with cognitive decline and helping them navigate support for the disease.
 8. Objective: Working with individual clients to meet their LTSS needs to include temporary or permanent affordable housing options when displaced.
 9. Objective: Encourage the housing community to share the affordable & accessible housing options in the community.
 10. Objective: Enhance and engage public awareness of social isolation through education.
 11. Objective: Create responsive communities for older adults experiencing social isolation.

12. Objective: Provide comprehensive supports for those who are socially isolated.
 13. Objective: Provide early interventions for identified individuals who are at risk for social isolation.
 14. Objective: Sustain social connection programs targeting socially isolated older adults
 15. Objective: Support evidence-based programs for older adults.
 16. Objective: Support fall prevention programs.
 17. Objective: Link primary care with community resources in the aging services network
 18. Objective: Promote healthy nutrition among older adults.
 19. Objective: Improve transportation options for older adults in our region.
 20. Objective: Improve options for legal services for older adults in our region.
- Goal: ALTC will advocate for expanding home and community-based services and prioritize current services with diminished funding to those with the greatest needs and for those individuals who need information, assistance, case management, navigation programs for older adults and adults with disabilities, and support services for the unpaid family caregiver.
 1. Objective: ALTC will ensure a robust service delivery network for Medicaid Alternative Care/Tailored Supports for Older Adults (MAC/TSOA) and Family Caregiver Services to provide a wide suite of services and meet the needs of unpaid family caregivers.
 2. Objective: ALTC will advocate at the legislative level for sustainability of the MAC/TSOA Program
 3. Objective: ALTC will continue to build their partnerships with the local hospitals to establish a referral process for Care Transitions (Bridges) and grow this program to 50 Bridges Care Transitions in a year throughout our 8 counties.
 4. Objective: ALTC will train its ADRC staff on the Options Counseling Dementia Module (and other Options Counseling modules) and enhance Dementia Specialties through training to include the GWEC Geriatric Health Care Dementia Series Modules.
 5. Objective: ALTC will ensure that its staff are offering information and referral and assistance according to established national standards.
 - Goal: ALTC will continue to support its person-centered home and community-based services by enhancing the skill and abilities of its front-line Case Managers, ensuring a robust network or service availability in each area of its planning and service area and monitoring risk and quality of service to this growing network of service delivery systems.
 1. Objective: ALTC will enhance the skill and abilities of its front-line Case Managers.
 2. Objective: ALTC will maintain a robust service network in the area of skilled nursing.
 3. ALTC will maintain a robust service network in the area of in-home care agencies.

4. ALTC will maintain a robust service network in the area of its Health Home program.
- 7.01 Plan
 1. Goal/Objective: Southeast Washington Aging and Long-Term Care (ALTC) and Yakama Nation Area Agency on Aging (YN AAoA) will work together to ensure consumers receive appropriate services and to maximize training opportunities through our partnership.
 2. Goal/Objective: ALTC will share COPES Waivered/Ancillary Services, Environmental Modifications, PERS, & Durable Medical Equipment (DME) contractor information with YN AAoA.
 3. Goal/Objective: Joint participation of staff & clients in area events & the Health Home program (HHP)
 4. Goal/Objective: YN AAoA and ALTC partnership with home care contract monitoring & technical assistance
 5. Goal/Objective: For YN AAoA to be proficient in operating the Community Living Connections Information System (CLC/GetCare)
 6. Goal/Objective: For Yakama Nation senior residents, to continue benefiting from Transportation services.
 7. Goal/Objective: YN AAoA and SE WA ALTC will work together on emergency collaboration to minimize the impact on client services when a local/statewide emergency occurs.
 8. Goal/Objective: Designated SE WA ALTC staff are required to take 7.01 American Indian Policy training.