

C- 5d. ADULT DAY SERVICE

Adult Day Service (ADS) programs are community-based programs designed to meet the needs of adults with impairments through individual plans of care. This type of structured, comprehensive, nonresidential program provides a variety of health, social, and related support services in a protective setting. These programs provide support to families and caregivers and assist the participant to maintain maximal independence in their activities of daily living which helps to prevent or delay institutionalization.

Adult Day Services are for adults with medical or disabling conditions. Adult Day Care services provide core services that do not require the intervention or services of a registered nurse or licensed rehabilitative therapist. Adult Day Health provides skilled nursing and rehabilitative therapy services in addition to core services.

CONTRACTED ADULT DAY SERVICES:

Adult Day Care is provided in Yakima and Walla Walla counties. Yakima has two programs. One is provided by the City of Yakima and housed at the Harman Center Senior Center. The second is provided by Catholic Family & Child Service and specializes in dementia care and respite. The Walla Walla Senior Center conducts the Adult Day Care in Walla Walla County.

Adult Day Health is provided in Benton and Franklin counties by Benton-Franklin Elder Services who is supported by Trios Health hospital.

ADULT DAY SERVICE ISSUES:

ADS are currently only available in the urban areas of PSA 9. Most of the region is rural and it is difficult to provide ADS to these very rural areas. Distance and lack of transportation are barriers to traveling from the rural areas of the counties to the available ADS. Lack of infrastructure and funding prohibit ADS from being provided in smaller communities.

Families, caregivers and clients are often not aware of available services or are hesitant to utilize the programs. There is often a feeling that ADS are not necessary until the caregiver becomes too overwhelmed and then the most viable option is a residential setting. Some clients may resist trying the programs. Transportation and limited hours of the ADS programs hinder participation for some clients.

GOAL: Advocate for continued and increased funding for pre-Medicaid services and enhance public awareness and support of Adult Day Service programs.

OBJECTIVES:

- ALTC to assist ADS contractors in partnering with other state and community programs that would increase funding and awareness of the ADS program. Such an increase in other funding resources would increase the number of participants served by other funding sources.
January 2016 - December 2019

- ALTC will work with the ADS providers to increase community awareness of the available services and increase the number of participants served. *January 2016 - December 2019*
- ALTC will advocate with the legislature to continue present and to increase funding for pre-Medicaid services. *January 2016 – December 2019*