



# Coming of Age

## With Aging Loved Ones

8 **FREE** weekly seminars with vital information to help you care for your aging spouse or parent.

### March

- 3 Teepa Snow Discusses Dementia's Warning Signs
- 10 Elder Law: Common Issues, Q&A
- 17 Therapies: Rehabilitation & Prevention
- 24 Long-term Care: What's Included & Ways to Pay for It
- 31 Hearing, Dental, Vision: Care for Seniors

### April

- 7 Senior Health Issues: Q&A
- 14 Trusts: Types & Purposes
- 21 Thinking Outside the Healthcare Box: A National Expert Discusses Alternative & Preventative Medicine

### Tuesday Evenings

**March 3–April 14**

6pm–8pm

and

**April 21**

5pm–6pm: Resource Fair & Light Meal

6pm–8pm: Presentation

**Location:**

Harman Center (65th & Summitview)

### Collaboratively Presented By:

- Central Washington Comprehensive Mental Health
- Financial Management, Inc. (Securities offered through LPL Financial, member FINRA/SIPC)
- Harman Center
- Living Care Retirement Community
- Southeast Washington Aging & Long Term Care
- Yakima Valley Memorial Hospital

For more information, call Linda Henjum at 509-388-5942