

## B-2 Target Population

Services will be offered in each county according to the advisory board funding allocations and to the target populations for each service. Priority will be given to older individuals with the greatest economic and social need, including low income persons, low income minority individuals, persons with limited English proficiency and older adults living in rural areas.

### Aging Facts

- One in four of individuals aged sixty-five and over has a physical or cognitive disability which limits independence or requires intensive medical care.
- 13% of people age fifty-four and older have Alzheimer’s disease. This is a 10% increase from five years ago. By 2040, this number is expected to triple.
- Falls are the leading cause of injury deaths among older people.
- Between 1993 and 2003, the death rate from falls rose 55%.

### Washington Demographic Basics

- Between 2004 and 2010, the number of individuals aged 65-74 and over will increase by 26%.
- Those aged eighty-five and older will increase by 23%.
- All groups aged sixty-five and older will increase by 16% during that six-year period.

As compared to 2004,

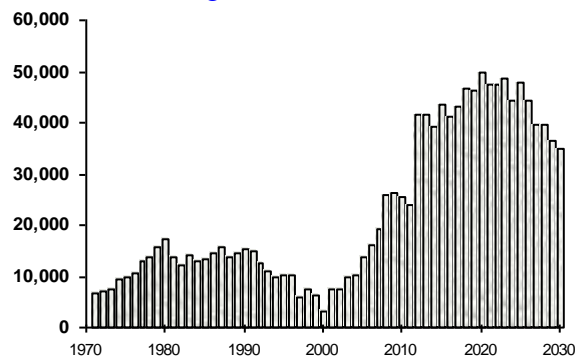
- By 2015, the total population of those aged sixty-five and over will increase by 43%.
- By 2020, the increase will be 75% and by 2025, it will be 108%

- The prevalence of chronic disabilities among our state’s elderly decreased from 26% to 20% between 1984 and 1999.
- Increasing obesity and diabetes rates will threaten these gains in overall health.

### Impact of the Baby Boomers

- Boomers are the ‘instant gratification’ generation.
- They believe in living well earlier in life in preparation for a healthier old age.
- They expect to out-perform and out-live their parents.
- They will have a lengthier aging period and a more costly medical environment when they need assistance.

**Washington State**  
Annual Change in Population for  
Ages 65 and over



**Washington State**  
Annual Changes in Population for  
Ages 85 and over

