



ADDITIONAL GOALS ACCOMPLISHED: 2006-2007

As reported from our I&A /CM offices and County Advisory Board Members

Garfield County:

Family Caregiver Support Program: I give undated information on FCSS at our monthly GCICC (Garfield County Inter-Coordinating Council) meetings. Gave a presentation at the Senior Center during Older Americans Month and will have information available at National Night Out on August 7.

Home Care Quality Authority: Continue orientation to new IP's (5 new hires in 2006) and (2 new hires in 2007). I attend Common Ground meetings with Asotin/Garfield County Agencies in Clarkston every other month.

Case Management: Jan and I at front line for the telephone tree activation for legislative issues. We are blessed with a good client to CM ratio in our region. I have a good relationship with Mary Anne Spradlin, RN who is great about answering questions and referrals. We often make home visits together.

Nutrition: Since the Senior Roundtable is located in the same building with our office we sometimes get in on their nutrition trainings and have first hand contact with the congregation that comes to the mealsite. Our mealsite is still waiting for funding for a dishwasher position. Jan and I are both board of director members of the local Food Bank since it began in Garfield County and are very aware of the SFMNP program.

Access Services: Jan has kept current with Medicare Part D trainings and continues to assist clients as needed. We both attended several SHIBA trainings and continue to get their updated newsletters and information. We are working on an updated resource directory for our County to assist with the 211 program. I have attended County meetings on this.

Transportation: We receive funding through ALTC in our budget to re-immense mileage (\$3000.00) for volunteers and also have funding through Volunteer Chore/Catholic Services for mileage re-imbursement. Jan has written grants to obtain vans for our County and monies to keep the vans running. Currently serving 5 days weekly. Weekends to be added in the near future. We dispatch the vans from our office. Jan is the transportation director. We insure that our elderly are aware of driving safety classes.



Kittitas County:

Respite: We not only continued to apply for and receive United Way funding but also pursued and were awarded a grant for \$3500 from Hospice Friends (comparable to serving one family for 225 hours)

Home care services: Continuing Education was offered twice in the 2006 in 2 day morning and afternoon blocks, as well other monthly classes for 2 hours each. We are again this offering twice a morning and afternoon block of classes along with the usual 2 hour classes.

I&A: We have our certified I&R member, Darlene Machin.

Darlene is a key player in the Medicare Drug plan outreach, not only with client counseling, but also local and regional staff trainings.

Transportation: I think we wrote a letter of support seeking additional funds but I will need to check for sure.

Asotin County

2006

Dan Hally, a law enforcement training consultant, gave a community presentation on signs of abuse, traits of an abuser, types of abuse, types of scam, how thieves steal identity, and how to protect yourself.

Family Caregiver Support Conference: We had over 50 people attend the conference in October, 2006 at the Quality Inn, Clarkston. The theme of the conference was In the Eye of the Storm: Laugh It's Healthy. We had wonderful community support and involvement for the conference. It was a wonderful success.

Twin County United Way: Local staff participated in the agency fair and spoke at various presentation for the campaign.

2007:

ALTC Planning Forum: this was wonderful success with great community support and involvement.

(Coming up: October 30, Family Caregiver Support Conference – In the Eye of the Storm: Dodging Life's Bullets)



We continue to provide quality case management with a steady increase in growth over the last couple of years. We have also had a steady increase in information and assistance – the foot clinic continues to be a successful program.

Yakima

211 REGIONAL EFFORT

-Have met with 211 staff 3 times to facilitate there staff training on services to seniors and ALTC's role and services provided.

FAMILY CAREGIVER SUPPORT PROGRAM

-All community presentations given by this office staff include information about the FCSP.

-Our Bilingual FCSP staff person has given added focus to the Hispanic population to get the information out to folks living in

Upper Valley.

-Project Lifesaver coordination/meetings are attended by our FCSP staff person.

HOME CARE QUALITY

Front Staff

- All staff has received additional training in using CARE. I&A staff received training in writing

Service Notes in CARE

- Staff helped to complete quarterly contacts with each client to assure quality service is being received.

Common Ground

- Case Managers, Supervisors & Program Managers have participated in multiple "A-Team" meetings. These meetings are called on an as needed basis to address challenging cases and problem solve in a multi-disciplinary, multi-agency setting.

Mobility Project

- This has been monitored by our Nursing Staff.

Case Management

- ALTC regularly reviews case load size and adjust staffing accordingly.

- Administrative staff has negotiated contracts with professional to address issues of pain control, mental health, movement.

- Case Managers complete assessments to monitor clients with issues of falling, nutrition, depression, etc.

NURSING SERVICES

- This has been coordinated by administrative staff. Our nurses have participated as directed.
- A streamline system was established in our office for making & receiving nurse referrals.

NUTRITION

- Staff continue to aid seniors in accessing Home Delivered Meals
- The Farmers Market Outreach program coordinated by administrative staff has been support and facilitated by 6th ave staff.

ACCESS SERVICES

I&A

- 6th Ave staff has led the community in helping Seniors understand the Medicare D system and access those services
 - There are 2 Staff who have there I&R Certification.
 - Staff participated in the Kickoff and Training of Medicare D. During the Enrollment period 6 staff people spent half a day each week at the Yakima Public Library helping Seniors access the program. Both English & Spanish speaking staff were available. One staff person also spent half a day at the Moxie Public Library helping folk living in East Valley.
 - Staff has met with 211 staff to assure understanding of Senior Needs and ALTC's role and services
- ##### Transportation
- Administrative staff has coordinated these efforts for our area.
- ##### Health & Medical Needs
- ALTC's I&A staff has worked with local clinics: Neighborhood health & Farmworkers to facilitate Senior accessing clinic services.
 - staff has participated in Education/Information Health Fairs at both facilities.

RURAL HEALTH CARE ISSUES

- This was address and coordinated by our administrative staff.

Walla Walla – Columbia

Attended 211 meetings and provided information about local offices/services

Powerful Tools classes, last series Aug 2006

Staff accompanied county advisory council member to Sr Lobby Day, Feb 2006



Weekly nursing/CM meetings to discuss referrals and challenging cases

Dayton CM on Dayton food Bank board

No SHIBA volunteer in either WW or Columbia county. ALTC managed bulk of Med D referrals

Benton-Franklin

211 REGIONAL EFFORT:

1. LPC has served on the committee in the Tri-Cities since 211 was first discussed.

FAMILY CAREGIVER SUPPORT PROGRAM:

1. The Tri-Cities continues to offer Powerful Tools classes, having done 5 since January of 2006.
2. Two staff members served on a committee to secure funding for and purchase 4 monitors for the Lifesaver Project for Benton/Franklin counties. The program has yet to be launched here, as there are a few more hurdles to be overcome.

ACCESS SERVICES:

1. Benton/Franklin has one staff person who is I&R certified, and renewed that certification this year.
2. We continue to field and assist with questions and client issues regarding Medicare Part D on a daily basis.

TRANSPORTATION:

1. LPC attended State meeting and provided input for transportation for special needs population, including seniors.

2006 – 2007 Accomplishments From Advisory Board Members

KITTITAS COUNTY

- ❖ Upper County hot meal program
- ❖ Expanded senior transit system
- ❖ More Activities at senior center
- ❖ Established foot care program



- ❖ Initiated dental care program

BENTON COUNTY

- ❖ Affordable dental care at Columbia Basin College (CBC) for lower income seniors
- ❖ More housing available for seniors

WALLA WALLA COUNTY

- ❖ Fall prevention specialist
- ❖ Community dialysis program
- ❖ ALTC presents great programs and community R/T services
- ❖ Public health Director has great program on bird flu.
- ❖ Great community flu shot program.

GARFIELD COUNTY

- ❖ Garfield County transportation has made important advances in transportation: securing two new vans; weekend services added; adding a new position of Transportation Assistant.

ASOTIN COUNTY

- ❖ New Senior housing opened
- ❖ Public transit system was passed
- ❖ Designation as health professional shortage area (medical, dental, mental health)